



ESW Plan for the COVID-19 Pandemic

The AOM has instituted several safety measures designed to minimize the risk of transmission of COVID-19 to midwives and AOM staff during ESW events. The ESW will be offered as a hybrid virtual and in-person workshop to minimize contact as much as possible while maintaining the integrity of the ESW program.

The AOM recognizes that the in-person component of the ESW requires midwives at times to be in close contact with each other, which is why masks will be worn throughout the workshop and physical distancing will be in place wherever possible. ESW instructors who choose not to teach during this time will not be penalized if they do not meet the quality assurance program requirements for maintaining ESW instructor status.

General changes

ESW presentation

The ESW presentation will be offered as recorded content that will be sent to participants by email prior to the ESW to watch independently. This is still a mandatory part of the ESW program, but it will not be officially tracked. Instructors will be prepared to answer questions that participants may have about the presentation. If you are an ESW instructor you can access the presentation on the instructor portal under *"ESW Presentation and Bladder Filling."*

Instructor briefing

The instructor briefing will be scheduled in the week of the ESW as a 30-minute live meeting on the platform zoom. The senior instructor will lead the briefing with AOM staff support. The briefing will focus on the measures and precautions being taken to adapt ESW to the COVID-19 pandemic. The briefing will be available on the instructor portal later that same day for instructors who are not able to attend.

Senior Instructor

The senior instructor will be included as an instructor at the event and will not perform their usual role of evaluator. They will be available if needed to resolve any concerns and answer any

questions related to their senior instructor role. The AOM will continue to evaluate the role of the senior instructor as the COVID-19 pandemic unfolds and re-institute the senior instructor in their usual role at a later date. The senior instructor will continue to receive the senior instructor stipend.

Meals

Meals and beverages will **not** be provided to participants. Participants will be permitted to bring food and beverages but are asked to minimize eating and drinking as much as possible during the event. Lunch will be provided to instructors and measures will be taken to do this as safely as possible with physical distancing in place. Instructors will be asked to bring their own beverages.

Measures for ESW during COVID-19

Self-Screening

ESW participants, instructors and AOM staff are required to self-screen prior to the ESW event. If a person screens positive they must inform the event coordinator as soon as possible. The AOM will waive the \$50 administration fee for any cancellation due to COVID-19 symptoms or contact with someone who is sick or has confirmed COVID-19 in the past 14 days.

Pre-Event Cleaning

The breakout rooms will be cleaned and disinfected prior to the event, this includes all surfaces, touchpoints, equipment and materials. Additional supplies will be available in all the rooms: masks, sanitizer, gloves, disinfectant wipes, tissue paper and more.

Arrival at the event

Signage regarding self-screening will be posted outside the AOM office and at the entry point for an external venue where possible.

AOM staff will greet participants and instructors (physically distanced) to confirm they have screened negative and to direct them to their rooms.

Self-screening Questions

Do you have any of the following:

- Fever
- Cough
- Difficulty breathing
- Sore throat, trouble swallowing
- Runny nose
- Loss of taste or smell
- Not feeling well
- Nausea, vomiting, diarrhea

Have you been in close contact with someone who is sick or has confirmed COVID-19 in the past 14 days?

Have you returned from travel outside Canada in the past 14 days?

If you answered YES to any of these questions for the day of the ESW event, cancel your registration immediately, go home and self-isolate right away. Call Telehealth or your health care provider, to find out if you need a test.

Measures at the event

- When at the AOM office or a smaller venue, staggered agendas will be in place with two separate start, break and end times will be used to allow for better physical distancing when arriving and departing and during breaks. Otherwise a modified ESW agenda will be used. To access the agendas please visit the [ESW FAQ](#) on the AOM's website.
- Where possible one-way doors or walkways to keep people physically separated for entering and exiting and breaks will be implemented.
- Instructors should open the door to the office or hotel room where possible to improve ventilation of the space.
- Hand sanitizer will be used liberally and required when entering the room and before and after each scenario for those participating directly in the scenario.
- Masks will be worn throughout the workshop. Masks will be provided by the AOM or personal masks can be worn. Standard donning and doffing will be performed.
- Physical distancing will be instituted wherever possible within the rooms and between rooms.
- Equipment will be wiped down with disinfectant following each scenario between participants.
- Between AM and PM sessions instructors will disinfect rooms, touchpoints and equipment.

After the event

- AOM staff will wipe down the room where applicable, as well as the materials and equipment at the end of event.
- A short instructor survey will be sent to get instructor feedback regarding COVID-19 measures and their experience.
- The participant survey will have some additional questions to elicit feedback regarding COVID-19 measures and their experience.