

## HYPERTENSIVE DISORDERS IN PREGNANCY: WHAT DO I NEED TO KNOW?



During your pregnancy, your midwife will talk to you about routine blood pressure monitoring and hypertensive disorders of pregnancy (HDP). This handout discusses some general facts about HDP to help you know what to watch for and what to expect if you develop HDP. It is meant to supplement, not replace discussions with your midwife or other care providers.

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