



Association of  
Ontario **Midwives**  
*Delivering what matters.*

# CARING HANDS CLEAN HANDS



Hand  
**HYGIENE**  
for **HEALTHY**  
families & midwives



## CLEAN HANDS

1



**BEFORE CONTACT**  
with client  
or surroundings

2



**BEFORE  
PUTTING  
ON GLOVES**  
or performing  
an aseptic  
procedure

**GLOVES** 

3

**AFTER  
REMOVING  
GLOVES**  
or potential  
exposure to  
body fluids



4



**AFTER CONTACT**  
with client  
or surroundings

For more information on infection prevention and control visit [aom.on.ca/ipac](http://aom.on.ca/ipac)